

What's on in January 2019?

Opening Hours

Mon - Sat 10am – 5.30pm
Sunday 10.30am – 5pm

Open House Evenings



We'll be rustling up some meals every Tuesday evening

throughout the winter. Come along and try some tasty homemade meals and meet some new people!



29 Jan; Spaghetti Bolognese
5 Feb; Pizza
12 Feb; Shepherd's Pie
19 Feb; Chilli con Carne
26 Feb; Macaroni Cheese

Food is served between 6.30 – 7.30pm and the centre is open until 8.30pm.

Please book in advance so that we know how much to make! If you have any dietary requirements we are happy to cater for these but we must know in advance so we can prepare veggie, vegan or gluten free options.

£8.75 per person for main meal. Drinks and cakes are extra.

GALE Gardening Group; Tuesday mornings, 10 – 12pm

The GALE Gardening Group at Good for Ewe at Inverasdale is up and running again from 10 - 12 noon on Tuesdays mornings! This group includes parents and children and is for anyone with an interest in growing outdoors or in the polytunnel. We are still growing lettuces, leeks, broccoli and much more! We have big plans for growing tasty fresh food for the table. Usually, an hour or two in the garden is followed up by a cuppa and some cake or scones, so it is very sociable and everyone is welcome!

Please contact Jenni for any further information or just come along! jenni@galeteam.co.uk

Get Ready for Growing; 19 Feb, 7.30pm

Join us at the GALE centre after our open house chilli night for a sharing of knowledge to get your gardens off the best start! Come along and get some advice from our gardening specialists and learn about our growing/outdoor learning project 😊



We'll also be holding our annual seed swap and this year we have a wide range of fresh vegetable, herb and

flower seeds and some seedlings will already have been started off by our trusty volunteers.

Everyone is welcome but if you do plan on attending it would be greatly appreciated if you could let us know in advance, feel free to send us an email, give us a call or pop in 😊

If you would be interested in joining in



a Gardening Group or club, please speak with Jenni. If we get enough interest we are planning on running sessions on preparing and cooking what we grow, preserving, fermentation or any other related topics.

Would you like to be a Member?

Membership gives you the chance to contribute and shape the future of our community. The GALE Centre is the hub for our community Development Trust – the Gairloch and Loch Ewe Action Forum. It is owned and managed by its members and anyone can join!

To become a Member pop in and pick up a membership form to get started! It only costs £5 a year. We currently have over 130 members and we would love to get even more people involved!



GALE is a membership organisation open to all. It is a Scottish Registered Charity and works on social, economic and environmental projects that help to build strong, resilient communities in the Gairloch and Loch Ewe area. Become a member to support our work or contact us to find out more about any of our projects.